

# The Sewanee Purple

Volume 21, Number 9

THE UNIVERSITY OF THE SOUTH

Wednesday, November 8, 1972

## Transcendental Meditation Spreads

by Gerard Ownby

(Gerard Ownby attended Maharishi International University where he was trained personally by Maharishi Mahesh Yogi as a teacher of the Science of Creative Intelligence (SCI) and transcendental meditation. He is now working toward his BSCE degree at MU and is resident of Chattanooga, TN.)

Students' International Meditation Society at Sewanee is now part of the fastest growing student movement in the world. Thirteen years ago, Maharishi established this organization to spread Transcendental Meditation (TM) to all people.

Its present growth is 10 thousand new students per month in the United States alone. This fast growth is attributed first of all to the joy reflected in the lives of students who meditate and secondly to the increasing interest in the technique by science.

TM is not a religion, philosophy, or a way of life. It's an easy, natural technique, whereby a person experiences a thought at subtler and finer levels until the most subtle level is transcended and the source of thought is experienced. This source of thought is an inexhaustible reservoir of energy, intelligence, happiness, and peace. It is latent within

every person. All that is needed is an easy way to contact it — and TM provides this easy way. After meditating 15 or 20 minutes twice a day, one comes out feeling fresher, more energetic, and rested. With daily practice students begin to use not just 5 to 10% of the mind, as psychologists say most people use, but their full mental potential. Grades go up, yet less time is devoted to study. "Do less, accomplish more." is a favorite phrase of Maharishi. Studies at the University of California at Berkeley indicate that meditators learn more quickly than non-meditators and that they also show significantly better results on more difficult material.

Increased clarity of mind is noticeable as well as refinement of perception following TM, as evidenced by tests at the University of Sussex. Those students who had used drugs say TM gives a much more enjoyable experience during the day, all day. So drugs just seem to drop off naturally.

Recent research by Dr. Keith Wallace and Dr. Herbert Benson at Harvard Medical School shows that many profound physiological changes occur during TM that are different from waking, dreaming, and sleeping consciousness or even altered states such as one produced by drugs or hypnosis. Heart rate, blood pressure, and oxygen consumption all decrease during the twenty minutes. Brain waves change from alpha to high alpha with an occasional burst of theta activity. Blood lactate, which is very high during states of worry or frustration, decreases markedly during this fifteen minutes of rest and continues at a low level throughout the day.

All of these changes occur spontaneously as a result of refinement of mental activity during TM and are all very beneficial for good health. Through providing deeper rest than at any point during a full night's sleep, deep-rested students are tired and life is lived with greater ease.

By allowing each individual to become more fulfilled in this way, Maharishi's plan is to

(Cont. on pg 3)



PROFESSOR LUKACS

## Professor Lukacs Is Speaker for EQB

Professor John Lukacs, distinguished professor of history at Chestnut Hill College in Philadelphia, PA, will be the University Lecturer at the EQB house on Nov. 14, 1972 at 8 PM. Students are invited to the open house.

Professor Lukacs studied in Hungary and England and holds a diploma from Cambridge and a degree from Budapest University. He has been visiting professor at Columbia University (1954-55), a Fulbright visiting professor at the University of Toulouse (1964-65), visiting professor at the Johns Hopkins University (1970-71), and at the Fletcher School of Law and Diplomacy in 1971-72.

His books are "The Great Powers and Eastern Europe" (1953), an edition of Tocqueville's "The European Revolution" and "Correspondence with Gobineau" (1959), "A History of the Cold War" (1965), "Decline and Rise of Europe" (1965), "Historical Consciousness" (1968), and "The Passing of the Modern Age" (1970).

Luke Huizinga, who wrote "The Waning of the Middle Ages," Lukacs is concerned with the demise of an epoch: our time. In his last work he probes the decay of civilization manifest in "The

monstrosity of government . . . the purposelessness of society, the fiction of prosperity, the dissolution of learning, the meaningless of letters, the senselessness of the arts . . ." His talk, entitled, "The Philosophical Problem of Idealism in the History of the Twentieth Century" will presumably deal with the contemporary cultural interregnum.

Changes in student government and the editorship of the "Sewanee Review" were the main items of business at the November meeting of the Order of Gownsmen.

Richard Whittle moved that the OG establish a committee to study ways to base student government on the New England town meeting system, thus abolishing the Delegate Assembly. His motion passed.

Argument concerned whether the town meeting arrangement would be more effective than the present system. It was pointed out that there is a lack of interest in student government now and that it would be unlikely that a large number of

students would appear at a "town meeting." Others said that interest would increase because each individual would feel that he could influence student government.

Eiise Givhan, secretary of the Order, moved that Andrew Lytle, editor of the "Sewanee Review" be added to the committee to select the next "Review" editor. Mr. Lytle is expected to retire from being editor, and he is not presently included on the committee to name his successor. The motion passed unanimously. Elected as OG representatives to the Student Activity Fee Committee were John Price and Nan Tucker. They defeated Helen Funk, David Martin, and Pete McCollan in the election.

## DA Tackles Dress Code (Again)

The second meeting of the Delegate Assembly dealt mainly with problems related to the dress code. A motion to abolish the coat and tie and skirt rule for Gailor passed 29-17. The motion was introduced by Elliot Gordon.

Stack Scoville proposed a motion asking the Dean of Women to define "inclement weather." (Women are allowed to wear slacks during periods of "inclement weather.") Several members pointed out that Scoville's motion was in conflict with Gordon's motion, and it was overwhelmingly defeated.

Steve Harris suggested the question of the coat and tie be presented to the student body for a vote. Harris' motion was

amended to provide for petitions concerning abolition of the rule to be passed in all dormitories. The amended motion passed.

In other action, Speaker Hank Perrin named George Selley of the School of Theology to the chairmanship of the Student Activity Fee Committee. Perrin pointed out that Selley has an extensive background in accounting and is well qualified for the job.

John Tucker introduced a motion asking that the editors of the PURPLE, "Sopherim," "Cap and Gown," "Mountain Goat," and "St. Luke's Journal" be granted a semester hour as recognition of their efforts. The hour would not

count toward the degree. The motion passed unanimously.

A revised motion, sponsored by Don Dupree, providing that a committee to study ways to make student government more effective, passed unanimously. The committee will be composed of five DA members, 5 OG members, and a member of the faculty.

## Emory Recruiter on Campus

Mr. William Brake from Emory University School of Business Administration and Mr. Edward Meade of the University of Virginia Graduate School of Business

Administration will interview on campus Thursday, November 16.

Please make an appointment in the Placement Office by Tuesday, November 14.

The Official Newspaper  
of the Student Body of  
the University of the South

...founded 1894

Virginia C. Ennett ..... Editor  
R. Dale Grimes ..... Managing Editor  
Chuck Emerson ..... Business Editor  
Noel Rush ..... Sports Editor



## SAGA Considers Continual Service

A new system of food service is being contemplated by Saga Food Service and the "Gallor Student Grips Committee," according to Jim Samuels, director of Saga in Sewanee.

Contacted this past weekend, Samuels said the new system would be a continual serving period from 7:30 AM until 6:30 PM instead of the three separate service times as now exists. Samuels is setting up tentative schedule which would be as follows:

7:30 - 9:30 AM — breakfast  
9:30 - 10:00 AM — continental breakfast  
10:00 - 11:00 AM — soup and sandwiches  
11:00 AM - 2:00 PM — lunch  
2:00 - 4:00 PM — soup and sandwiches  
4:00 - 6:30 PM — dinner.  
This schedule will be

presented to the student members of the Gallor Grips Committee for approval. Samuels expects the committee to discuss the proposed change with the students before passing judgment on it.

In listing the advantages of the new system, Samuels said that it would nearly eliminate lines, would be easier on the cooks and generally would be more efficient. He said after a while, a pattern will emerge which will aid the cooks in providing fresher and hotter food. Further, he said there would be no cost increase to

Saga or the students.

According to Samuels, the only disadvantage to the new system is that a meal card would be required for each student which could only be punched three times each day. These would be issued every semester.

What this means, in effect, is that students who now go to only two meals a day (missing breakfast) will get to make it up any time during the day. Samuels said that he has worked with the system at Troy State and Winthrop, and that it "has been met with success."

## Exam Schedule Must Go

The final examination schedule for this semester simply has to go. Under this new plan, adopted last year, two exams, two hours each, will be given on each day of the exam period. The student has absolutely no choice concerning when he will take his exam. The expectation of those who made up the schedule was that exams, an hour shorter, would be deemphasized and count less toward the final course grade. But this is not the case and possibly not the point.

In the first place, many professors give the same weight to exams this year that they have in the past. A three-hour exam, crammed into two hours, may still count 50% of the grade.

In the second place, any supposed deemphasis of exams does not lead to a deemphasis in student preparation. Any question that can be asked in a three-hour period can, of course, be asked in a two-hour period. Therefore, this year a student must study the same amount as before, but possibly for two exams on the same day rather than just one.

The best solution to this problem appears to be the independent exam schedule proposed by the Order of Gownsmen. Under this plan, a student would give his exams in a sealed envelope and would be free to take them when he wished.

There appear to be two main objections to this plan. First, many say this would be a burden on professors attempting to grade the exams. However, it would be impossible for the student to wait until the last day of the exam period to take five exams, so a steady stream of exams would be turned in.

Second, some feel that a number of students would cheat on exams under such a system. If this is the case, the honor system is rendered ineffective and one must question its very existence. However, it would be possible only to allow students to take exams in designated places, such as Blachman Auditorium.

In conclusion, THE PURPLE urges the administration to revise this schedule and to eliminate the problem next year by changing the calendar. This is only fair to the student body.

## DIRECTOR MEETS COEDS

On Wednesday, November 15, Miss Ava Sellers, Vanderbilt Placement Director, will meet with Sewanee women to discuss "how it becomes a college women graduates." There will be a general meeting in Convocation Hall at 10:30 AM and individual conferences for seniors from 1:30 to 4:30 PM. Students of all classes are invited to attend the morning sessions.

## Mountain Music Show Here Friday

The performers who will be appearing here with the 1972 "Oletime Mountain Music Show" on November 10 at 8 PM in Guerry Auditorium have been heralded throughout the nation for their music. They have been featured on major Bluegrass and folk and country festivals including Galax, Newport, Chicago, Berkeley, concert halls, nationwide television, and films. The simplicity and integrity with which these musicians perform and the richness of their experiences as part of the southern mountains has thrilled many a country music fan during the upsurge of the folk music revival.

The professional musicians who will be touring mountain communities during November include: "Alice Gerrard and Hazel Dickens, two young women singing mountain ballads as well as many of the old Carter family songs and the lively close-harmony bluegrass for which Hazel's West Virginia hills are famous. They have toured extensively, taking their music around the world.

"Reverend Pearly Brown is a blind Black street singer from America, Guy, who sings the songs of Black people in struggle and in celebration. He accompanies himself on bottleneck guitar, both six and two string.

"Roscoe Holcomb, a former coal miner from Daisy, KY, plays banjo and guitar, with a driving style that matches his wild mountain

tenor. He sings ballads and blues with an unmistakable flare that makes him one of the greatest musicians in the country today.

\*Sparky Rucker, a young Black blues singer from the mountains near Knoxville, TN, performs traditional blues and spirituals as well as more

contemporary music of his times. Playing guitar and mouth harp, he has charmed audiences of young people throughout the South for many years.

Aimee Romanie, a North Carolina-born country ballad singer and songwriter who sings songs of the mills and mines of the grassroots South.

## Letter to the Editor

To the editor:

We, the undersigned, were all intimately associated with the recent Purple Masque/Department of Music production of "The Beggar's Opera." However, we are writing not in that capacity, but as members of the Sewanee community interested in responsible journalism.

It is our contention that: "1) any article of opinion (such as an editorial or a critical review) should be signed by the author. The recent review in the PURPLE (11/1/72) of "The Beggar's Opera" did not carry a by-line; "2) a critical review should not be written by anyone directly concerned with that which is being reviewed. The review of "The Beggar's Opera" was written by a member of the cast; and "3) critical reviews should

be written by someone competent in the field concerned. The reviewer of "The Beggar's Opera," although experienced in the theatre, is not competent to criticize a musical production. We trust that, in the future, the PURPLE will attempt to rectify its problems in the area of criticism. It is a great disservice to the community to provide poor and inadequate reviews of artistic events.

— Christopher Paine  
Dick Quisenberry  
Nancy Walters  
(plus 34 members of the cast and crew of "The Beggar's Opera.")

(The PURPLE apologizes for the error. The regular reviewer was unable to write this article, and the editor was not aware of the writer's connection with the opera at the time the article was written. The review was written by Mary Jane Mathis.)

## Campus Calendar

Wednesday November 8	Cinema Guild, 8:15 PM Bellocchio: "Fist in His Pocket" Blackman Auditorium
Thursday November 9	Civilization series film "The Hero as Artist" 7:15 and 8:15 PM Blackman Auditorium
Friday November 10	Oletime Mountain Music Show Guerry Auditorium
Saturday November 11	Study Day in the College of Arts and Sciences
Monday November 13	Sewanee Woman's Club Meeting Kick-off party for east of Fractured Follies 8:00 PM Lower Crawns
Tuesday November 14	Professor John Lukacs to speak Open to public EDB House
Wednesday November 15	Study Day in the College of Arts and Sciences Cinema Guild, 8:15 PM Caddis: "Blastholes" Blackman Auditorium

# University Improves Water System

by John Westerly

Last May the Sewanee community was without water for almost 48 hours following the failure of one of the pumps in the water system. Members of the community became very conscious of one another, as well as of their own personal sewage disposal, with the failure of all sanitation facilities. Since that time the University has begun looking at the financial aspects of improving the water system. There are plans for building a new water tank, and generally upgrading the water system.

Some problems have arisen in financing the proposed expansion. Because the University is directly responsible for the Domain, and the town of Sewanee, Sewanee is not incorporated. That means that Sewanee cannot receive Federal aid, which is very benevolent when it comes to public health facilities. Up until recently, however, the administration has always steered clear of Federal aid for fear of its "entangling alliances."

At the last Regents' meeting it was agreed that the Vice-Chancellor would be given the "go ahead" to pursue the idea of establishing a non-profit organization. This would probably have on its Board members of the University who could receive bids for improving the water system. The community would also be liable for federal aid within this "independent" non-profit organization.

One of the problems of living on a mountain is that one often loses sight of things that fall away from it. As some fraternity men discovered two years ago, after drinking water in the Lost Cove cave, our water can carry a very sickening amount of fecal bacteria. It seems that water that flows through the cave also carries the effluent from our sewage treatment plant.

Those who pursue the wanderlust at Sewanee, which is very easily done here, soon discover that after a good rain, Morgan's Sleep reeks of human sewage. This is also true for Abbo's Alley and the Alto road. What is happening is that the water table rises in a "sin and floats around the joints in the sewage line and causes the exchange of liquids. At the sewage treatment plant, the average load will rise from 425 thousand to 825 thousand

gallons per day. That's quite a lot. Two factors are responsible: the lack of permeable soil on our limestone cap, and very leaky sewage pipes. Last year one could say that the pumps had failed again, but these are kept in somewhat good shape, though they stop in a heavy rain, when the burden becomes too much.

Last spring, Dr. George Rameur's micro-biology class took samples of the sewage effluent. This is water that has already been treated at the plant. They found an inordinately large amount of colic fecal bacteria. This is caused by not enough chlorine is used in the process of treating the sewage. But the Public Health Department has required laboratory analysis at the treatment plant, and the chlorine can proportionately put in. In a rain storm, when the amount of liquids over-takes the treatment, a great deal can go unprocessed, so that the community relies completely on the chlorine tank to take care of the bacteria.

Due to the lack of good soil, septic tanks prove to be a hazard on the Mountain. There is just not enough depth to allow proper drainage, and many forget to have their tanks pumped out. This causes leakage into several lakes and pollutes streams, all of which find their way into the valley. Again, because the University does not have the money to extend sewage lines, many houses, such as Proctor's Hall Road, must use septic tanks.

What seems apparent is drastic improvement in tearing out, and replacing our sewage lines. This is something that was asked ten years ago by Dr. Roger Way and others on the Mountain. Secondly, if we plan to enlarge our University body, or accept new residents, our sewage treatment plant, which is just making it, will be inundated.

The Tennessee Health Department and the Federal

government are today very active in trying to solve the problems of human waste. Some programs make allowances for the Federal government to provide up to 80% of the funds to build sewage treatment plants.

The Tennessee Health Department has set stricter codes on the type and quality of sewage effluent, as well as demanding licensed operators in the "handling" of water and sewage treatment. Tom Letti has said that the University is doing its best to comply with the new codes. Today, the Forestry Department has taken to growing bumper crops in its greenhouse by using sewage effluent. But the community still must put up with sewage lines which are inadequate, and the effect of allowing heavily polluted waters to flow into the valley. Therefore, it would appear extremely practical that when the community enlarges its fresh water system, it should allow for improving the conditions of that water after it is used.

## PLAYS

(Cont. From page 2)

interested in signing up may do so at the bulletin board in Guerry Hall. The Purple Magazine will present the same play this Friday.

Every Friday and Saturday nights the Outside Inn presents four gigs to interested students. The aim is to give students a chance to use their talents for the enjoyment of the other students. Unfortunately, the management is not aware of all the talent available on the Mountain. Any performer who is interested in a place to perform should contact Bill Taylor and arrangements will be made.

This Friday night Tica Gibson will "tick and sing," and on Saturday night Chris Steele will read "Winnie the Pooh" - entertainment for the young and old alike.



THE MAHARISHI

## Transcendental Meditation

(Cont. from page 1)

bring about a more peaceful world. This plan is, admittedly, ambitious but great progress in his world plan is coming about. Centers are now being established in 3600 cities all over the world where teachers trained by Maharishi will give instruction in SCI. This SCI program is an accredited subject at Harvard, Yale, University of California, University of Michigan, and many other major universities. Through this intellectual understanding of the basis of all life, pure creative intelligence, all suffering becomes complete. Maharishi International University now offers up to a Doctor's degree in SCI.

When this plan was presented to Chicago, one of the world plan centers, the Illinois House of Representatives adopted a resolution stating the beneficial results of TM and encouraging all the state hospitals, mental institutions, public schools, colleges, and penal institutions to teach TM and SCI. More progress came Maharishi's way when he was presented the key to the city in Houston by Mayor Homer Dodd when the world plan was inaugurated last month. Also in Houston, Colonel William McMillan told Maharishi and the press of TM's progress in the armed forces. General

Franklin M. Davis, head of the US Army War College is one of Maharishi's admirers. He is a mediator who wants the technique taught to Army personnel so that they can withstand stress-full conditions. "When the military rises in creative intelligence," Maharishi explains, "world peace will be reality."

The practice is easily learned from a qualified teacher in four days, about an hour and a half each day. It requires no discipline in life or the ability to concentrate. Student's International Meditation Society is recognized by the Federal government as a 100% non-profit educational organization. The basic course, which is a two-year course, costs \$45 for students. After the initial four days of instruction, advanced meetings are held periodically to further understanding of higher states of consciousness. All course fees go solely for the purpose of expanding the movement to every individual through these world plan centers.

A free introductory lecture will be held in Carnegie 35 on Friday, November 10, at 1 PM and 7 PM. All students and faculty are invited. For more information, contact Gerard Owenby, 1119 South Seminole Drive, Chattanooga, TN, 37412. The telephone number is (615) 624-6852.

## "French Connection" Here

by Lin Wicks

The "serious and realistic" theme is being continued at the movies this week. Starting Wednesday night and continuing through Saturday is "The French Connection," a story of the struggle to break up a New York heroin ring. Gene Hackman does an excellent job in his role as a tough cop and there are some great shots of the city. An exciting film with a lot of action and a lot of good acting.

The Cinema Guild's presentation Wednesday night is "Fit in His Fockets," the first film of Italian director Marco Bellochio. It is the

startling and dramatic story of an Italian family caught up in a nightmare of crime, incest, and disease. It is not too appealing for those who refuse to accept the realities of human nature, but this does not mean the film should be avoided. Bellochio is considered to be one of the best young directors in Europe, so don't miss the film.

"The Hero as Artist" is the Civilization film this week, and judging from remarks from several people, Kenneth Clark is putting on a good show in Bloomington every Thursday night. Try to see these films - but watch out...you might learn something!

**Student Union**

**B&G Supply Store**  
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**Jims Ford Package Store**

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**Happy Hour**  
EVERY FRIDAY AND EACH TUESDAY  
BEFORE A STUDY DAY

**UNIVERSITY SUPPLY STORE**

# PURPLE SPORTS



## Tigers Upset Wabash: 29-25

The Sewanee Tigers played their last game of the season last Saturday. It was probably the most exciting game of the season—and our football team won it. The Tigers beat Wabash College of Crawfordsville, IN, 29-25, for Sewanee's third victory. The win was against a team which on paper looked as if it would beat Sewanee. The difference was an offense which really put out for the whole game.

Steve Tipps quarterbacked the victory with eight of twelve passes completed for 225 yards and throwing only one interception. Tipps led a 69-yard drive for the first Tiger TD. Sewanee's Kevin Lenahan was accurate in kicking the extra point. Wabash scored in the first quarter but Sewanee held back

the run for extra points. Sewanee and Wabash each scored in the second quarter, but we again denied Wabash the extra points. At halftime, the score was Sewanee 14, Wabash 12.

The second half began with a spectacular Sewanee touchdown by Watson. Tipps hit Watson on a long pass and Watson waded his way downfield for the touchdown—making the score 21-12.

The fourth quarter was the most exciting quarter of the game. The lead changed three times in the fourth—as Wabash scored two touchdowns to lead Sewanee 25-21. Sewanee in the last minute of the game on a Tipps pass scored, bringing the score to 26-25, Sewanee's favor.

Then the Tigers went for the two-point conversion and were successful.

The 29-25 victory was evidence that the Tigers really improved throughout the season. Coach Majors is optimistic about next year as

his freshman offense gained experience and developed an attack this season. The Tigers will lose such spectaculars as Dale Morton, Phil Elder, Gary Sims, Ellis Mayfield, and Mike Lumpkin to graduation.

## Gross Country Team Finishes Second

by Tom Phelps

The University of the South's Cross Country team ended its season placing second in the College Athletic Conference meet last Saturday. The CAC meet was held on the treacherous Washington and Lee cross country course in Lexington, VA.

Sewanee's star harrier, Kevin Harper, finished third with a time of 23:01 for the 4.1 mile run, 36 seconds off the course record. Wayne Allen and Tom Phelps negotiated the course in 23:23 and 23:27, placing fifth and sixth, respectively. Injured Bill Emerson, who ran as Sewanee's second man all season braved the mud for a remarkable ninth place giving Sewanee her fourth medalist. Clark Scott and Steve Smith, who have been winning meets for Sewanee all year, made mistakes in tactics and wore "flats," a non-spiked shoe. Nevertheless, they used "skinning savvy" to place well.

The combined scores gave Sewanee 41 points, only six behind that of champion host Washington and Lee. Centre finished with 52 points and brave Southwestern had 109 points.

## Field Hockey Team Led by Cross

Sewanee's first field hockey team will take to the field with the UTK team at Knoxville on Wednesday, November 15, at 2:00 P.M.

Girls playing offensive positions are Christina Cross, Claudia McGowan, Catherine Perry, Emily Butler, Nancy Jones, Judy Hight, and Jane Mathis.

Defensive players are Joy Davis, Pat Landers, Leroy Young, Susan Weatherford, Kathy Fordyce, and Sara Bailey.

Cross, McGowan, and Perry make up a formidable trio of forwards with great teamwork. Tina Cross has four years of previous experience and will take the lead at center forward position with Perry at right inner and McGowan at right wing. Butler, at left wing, and Hight, left inner, are both fast and aggressive, and are good stick handlers as well.

Even though the team is inexperienced as a team, there are skillful aggressive players on both defense and offense and they hope to give the more seasoned UTK team a good game. The UTK team will have just completed a week on the road, having played Furman University and Quaker School in Winston-Salem, NC.

## OLDHAM THEATRE

Wed. - Sat.

'43-The Party Story'

Also Sat.

'The Boston Strangler'

Sun. - Tues.

'Fuzz'

## WINCHESTER

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